

Calgary and Area Regional Collaborative Service Delivery e-Newsletter

Celebrate Canada's 150th Anniversary

Calgary and Area RCSD recognizes 150 years of Canadian culture, heritage, and history this July 1st.

In this edition of the Calgary and Area RCSD eNewsletter there are several opportunities for children and youth to learn about, contribute to, and celebrate Canada's 150th Anniversary. These listings including environmental stewardship through a national shoreline clean up initiative and leadership opportunities on global issues to be presented in Ottawa over the Canada Day festivities. Enabling youth to take the lead for the future and in their own care is central to collaboration with families to help children and youth be successful at school, secure and resilient at home, and included in their community.

Upcoming Opportunities

Cortical Visual Impairment (CVI): An Approach to Assessment and Intervention

Workshop

May 9, 2017 9:00 – 3:30 pm

Calgary Career and Technology Centre, 2336 53 Avenue SW

This one-day workshop will explore cortical visual impairment, methods for assessment of functional vision, how to design interventions and adaptations, strategies to build learning and language skills and communication, and other key topics.

Click [here](#) to register.

CAAMHPP Resources Fair 2017: Where Every Story Matters

Resource Fair

May 10, 2017 9:00 am – 3:00 pm

Foothills Medical Centre, HRIC Atrium

Child and Adolescent Addiction, Mental Health, and Psychiatry Program (CAAMHPP) is holding a resource fair. Come to learn more about local services, network with other who work with children and youth, and to enter prize draws!

See the flyer below for more information.

Canada 150&Me Youth Forum on Immigration and Diversity

Webinar

May 16, 2017

The Forum will be broadcast from the Canadian Museum of Immigration at Pier 21 in Halifax. The Forum is open to youth aged 14-19 and participants are eligible to be selected to form a leadership group of 150 youth who will travel to Ottawa for Canada Day. Once there, youth will formally report on their discussions from the forum to the Governor General of Canada.

Click [here](#) for more information and click [here](#) to register.

Canada 150&Me Youth Forum on Human Rights

Webinar

May 25, 2017

The Forum will be broadcast from the Canadian Museum for Human Rights in Winnipeg. The Forum is open to youth aged 14-19 and participants are eligible to be selected to form a leadership group of 150 youth who will travel to Ottawa for Canada Day. Once there, youth will formally report on their discussions from the forum to the Governor General of Canada.

Click [here](#) for more information and click [here](#) to register.

Self-Regulation and Anxiety: Making Sense through Brain Science and Harness the Power of Co-Regulation



CANADA 150
1867-2017



CANADA 150
1867-2017

Workshop

May 26-27, 2017

Presented by Hannah Sun-Reid, this two-day workshop will focus on making sense of anxiety and self-regulation from a neurobiological perspective. It will discuss development and impact, the interconnection between the two, how early attachment relationships play a key role in their development, and how we can use the power of co-regulation to develop the self-regulation capacity. Click [here](#) for more information and to register.

Augmentative and Alternative Communication Summer Camp

Camp

July 28-30, 2017

A camp for children aged 6-19 years old who use speech generating communication devices. Augmentative and Alternative Communication Camp in Alberta is a 3-day overnight camp specializing in increasing the communication abilities and socialization skills of children and teens who are augmentative communication users. Camp activities include games, arts and crafts, music, drama, and more!

Click [here](#) for more information and to register.

Reports and Research



Vancouver Aquarium: The Great Canadian Shoreline Cleanup

To educate Canadian youth about shoreline litter issues and its lasting impact on our ecosystem, the Great Canadian Shoreline Cleanup has developed an easy-to-use curriculum guide specifically tailored for classrooms in each province, including Alberta, to help teachers integrate the Great Canadian Shoreline Cleanup into the school year using indoor and outdoor lessons. Participating in a shoreline cleanup is a great opportunity for students to learn how easy it is to make positive changes in their community. Teachers are encouraged to become Site Coordinators and lead a cleanup either in your own school yard or anywhere water connects to land in your local area.

Click [here](#) to access support and resources



Center for the Study of Social Policy: Blog

The Center for the Study of Social Policy in the US has launched a blog series to recognize, document, share, and celebrate the innovations taking place at the community level to promote health child development and support families. The posts include information from national experts, pioneering practices, researchers, and leaders.

Click [here](#) to access the blog.

Autism Awareness Month: Genes and Development in Autism Spectrum Disorder

The National Institute of Mental Health presents its Director's Message outlining the current and future genetic research on Autism Spectrum Disorder.

Click [here](#) to read the full article.

Healthcare Leadership Model: Helping You to Become a Better Leader

The NHS Leadership Academy has developed the Healthcare Leadership Model to help develop leaders in their day-to-day role and includes nine dimensions and several tools to help you evaluate your leadership.

Click [here](#) to download the model.

Infant and Early Childhood Mental Health Consultation (IECMHC) Toolbox

The Substance Abuse and Mental Health Services Administration has gathered a toolbox that offers free interactive planning tools, guides, videos, and other resources to support adults who work with children.

Click [here](#) to access the Toolbox.

Mental Health First Aid

The Mental Health Commission of Canada has a collection of resources for Mental Health First Aid. MHFA is help provided to a person developing a mental health problem or experiencing a health crisis. Just as physical first aid is administered to an injured person before medical treatment can be obtained, MHFA is given until appropriate treatment is found or until the crisis is resolved.

Mental Health First Aid also includes an adaptation for First Nations. Mental Health First Aid – First Nations is a spark that awakens the courage to have open and honest conversations about mental health with family, friends, and others and is designed to speak to life experiences and acknowledge the historical context of experience.

Click [here](#) to access the full list of resources.



Please take a moment to forward this eNewsletter to your colleagues and encourage them to sign up at: <http://www.CalgaryandAreaRCSD.ca/news-and-events/newsletter-signup/>. We send out an eNewsletter once a month between September and June with reviewed information relevant to everyone who works together for children and youth.