



Calgary and Area RCSD eNewsletter

Managing Children and Adolescents with Severe Anxiety Issues: A Toolbox of Strategies

Webinar February 3, 9:15 – 10:30 a.m.

Presented by Kelly Dean Schwartz, Associate Professor, University of Calgary

This session will explore some of the social and personal factors that contribute to the development of anxiety and discuss some of the practical strategies that can be used to support children and youth dealing with an anxiety disorder. Particular attention will be given to the family systems that contribute to anxiety disorders in children and youth.

Click [here](#) to register.

Promising Developments with Outcome Based Service Delivery

Webinar February 6, 11:00 a.m. – 12:00 p.m.

Susan Gardiner, Wood's Homes, Dr. Bruce MacLaurin, University of Calgary, and Jon Reeves, Calgary Region Child and Family Services

Click [here](#) to register.

Supporting Youth in Adversity, in Transition, and in Community

Webinar February 25, 9:00 – 10:30 a.m.

This webinar will tackle the everyday realities that may challenge youth and young adult mental health. We will look at resilience aspects in parenting approaches that fit well with youth resilience. Together, we are looking to help youth to identify as connected contributors to family and community, developing competency and mastery, as person with options and opportunities.

Click [here](#) for more information and to register.

Family Violence Prevention – Building Trauma Informed Communities

Webinar February 26, 11:00 a.m. – 12:30 p.m.

Trauma-informed practice address the impact of violence and victimization on the individual, family and community's life and development. It emphasizes choice, control, knowledge, survival skills, ethical integrity and support on the person's own terms.

Trauma-informed practice is critical for supporting a systems response to individual, family and community histories of violence and trauma.

Click [here](#) to register.

The Expanded Core Curriculum: What's so SpECCial About It?

It's not a Choice; It's a Way of Life!

Parents – March 3, 7:00 – 9:00 p.m. Professionals – March 4, 8:30 a.m. – 2:30 p.m.

Both sessions will be held at CNIB – TT Room, 15 Colonel Baker Place.

Robbin Keating Clark's presentation will provide parents with suggestions and strategies on how to incorporate the Expanded Core Curriculum (ECC) into their child's daily routine and will include suggestions and strategies for professionals on incorporating ECC skills and knowledge within the school and community.

Click [here](#) to register. (Registration closes March 2)

Quality of Life for Youth with Chronic Health Conditions: Learning from Youths' and Parents' Perspectives

Webinar March 4, 9:00 – 10:30 a.m.

This presentation describes an innovative mixed-methods study currently underway that explores the personal, interpersonal, and environmental factors that are related to perceived quality of life (QOL) for youth with chronic health conditions.

Click [here](#) for more information and to register.

Self-Regulation

March 18, 9:00 a.m. – 3:30 p.m.

Featuring Dr. Stuart Shanker, Dr. Shanker will speak about the nature of self-regulation; the experiences that promote the development of self-regulation and the factors that can impede its development; and what parents or teachers can do to enhance the self-regulation of each and every child.

Click [here](#) to register.

Gap Analysis of Public Mental Health and Addictions Program (GAP-MAP) Final Report

T. Cameron Wild, Jody Wolfe, Jian Wang, and Arto Ohinmaa.

GAP-MAP produces a detailed description of provincially funded addiction and mental health services in relation to population need. This report was developed with the intent to provide information with which to benchmark services and systems.

Click [here](#) to read the full report.

Early Childhood Education Report 2014: It's Time for Preschool

This report released by the Atkinson Centre at the Ontario Institute for Studies in Education and the University of Toronto is the second status update in three years. It measures provincial and territorial performance based on different criteria including investments in early education and child care programs and children's access.

Click [here](#) to read the full report.

Learning Guides for School Administrators

Developed by the Edmonton Regional Learning Consortium (ERLC) Education Team and key individuals from the Zone 3 region. These practical Learning Guides entitled... "*What does a school staff need to know about...*" were developed to support school administrators in the implementation of key Alberta Education initiatives.

Click [here](#) to access the Learning Guides.

Calgary Regional Consortium Newsletter

The Calgary Regional Consortium provides professional learning opportunities for educators including trustees, administrators, teachers, support staff, non-teach staff and parents. Monthly newsletters include upcoming events and opportunities.

Click [here](#) to see their full newsletter.